

BETHLEHEM GIRLS (tentative) CROSS COUNTRY 2010

Coach – Mr. Rightmyer (487-1770) righjms@bcasd.neric.org

- Mrs. Irwin (439-7460) Kairwin2000@yahoo.com

***Dual Meets begin at 4 pm (Boys then Girls)

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| 1) Sat. | Sept. 11 | Shaker Invy (Colonie Park) |
| 2) Tues. | Sept. 14 | Burnt Hills at Ballston Spa H.S. |
| 3) Tues. | Sept. 21 | Columbia and Shaker at HOME |
| 4) Sat. | Sept. 25 | E.J. Herrman Invy at Utica |
| 5) Tues. | Sept. 28 | Guilderland and Sar. at Shen. H.S. |
| 6) Sat. | Oct. 2 | Grout Meet (Schenectady)
Great American in North Carolina |
| 7) Tues. | Oct. 12 | Colonie at Niskayuna |
| 8) Sat. | Oct. 16 | BH Invy at SPA |
| 9) Mon | Oct. 18 | Mohonasen and Averill Park at SPA |
| 10) Fri. | Oct. 22 | Albany County (Colonie Park) |
| 11) Sat. | Oct. 30 | Suburbans at SPA |
| 12) Fri. | Nov. 5 | Sectionals at SPA |
| 13) Sat. | Nov. 13 | State Meet at Lakeside Park |
| 14) Sat. | Nov. 20 | Federation Meet at Bowdoin Park |